



APR COVID-19 GUIDELINES

This COVID-19 related guidance was formed from recommendations from the Centers for Disease Control and Prevention, Iowa Department of Public Health, Iowa High School Athletic Association, and Iowa High School Girls Athletic Association as a resource for mitigation efforts to help ensure participant and staff safety during voluntary activities.

PROGRAM REQUIREMENTS:

- If you are sick or feel sick, stay home.
- Every person age 2 and over inside a facility shall wear face coverings at all times, which needs to cover the mouth and nose. Only program participants and up to two spectators per participant will be allowed for indoor programming.
- Masks are strongly encouraged for outdoor programs, but not required.
- Participation in group activity is allowed if the participant has no signs or symptoms of COVID-19
 - If an individual is within 6 feet of a person who tests positive for COVID-19, for 15 minutes or more, where one or both individuals are unmasked, they will not be allowed to participate in any programs/activities nor allowed within any facilities for 14 days (with or without symptoms).
 - If there is a positive COVID-19 test (with or without symptoms): Participant is not allowed to play for at least 10 days from the onset of symptoms, following any doctor's recommendations.
- At risk individuals, youth or adult, should stay home (if you are unsure if you are considered at risk, please consult your doctor directly).
- Participants will maintain reasonably appropriate social distancing based on activities; spectators will be required to maintain social distancing.
- Participants must bring their own water bottle. No shared water stations or coolers may be used.
- Participants will be asked to wash their hands immediately when they arrive at program location and periodically throughout the program.
- Participants will be kept in reasonably appropriate sized groups based on activities.
- Staff will increase cleaning and sanitizing of frequently touched surfaces and program supplies.
- Participants/parents must report a positive COVID-19 case to Ankeny Parks & Recreation, the Iowa Department of Public Health, and the participant's school. The

City of Ankeny does not share personal health information with the Ankeny Community School District.

IF SOMEONE BECOMES SICK:

- If a participant has COVID-19 symptoms, staff will isolate the participant until they can be picked up.
- Send the participant home immediately.
- Alert other parents/guardians of the situation and potential contact their child may have had.
- Maintain confidentiality; do not provide name or identifying info of person sick.
- Monitor others in the program/group for symptoms.